

STUDY GUIDE

SOC301

1. Give five characteristics of an authoritative parent.
2. What are some issues in which parents can be flexible and negotiable?
3. Adolescents reach certain physical, psychological, moral, and social milestones. Identify three characteristics of each of the above milestones during the early and middle adolescence period.
4. Give five general guidelines which may be helpful in parents disciplining their adolescent.
5. Discuss the biology and psychology of puberty from the perspective of both the male and the female.
6. Describe the role of body image for both male and female as it relates to emerging self-esteem.
7. Discuss aggressiveness as it develops through the various age groups of a child.
8. Identify three characteristics of each of the milestones of physical, psychological, and social during the high school years.
9. Clear communication between parents and teens is extremely important. Summarize communication by listing seven tips which can help to improve communication with your teen.
10. One of the important things your teen must accomplish during these years is to form an identity. Researchers have found that the way teens related to their parents was associated with exploring their identity. What was boys' identity exploration associated with? Girls?
11. How can parents create an environment that encourages an older teen's growing independence?
12. Briefly describe the physical, cognitive, emotional, and social development of an older adolescent who is about ready to leave the nest and enter into adulthood.
13. In later adolescence, an individual has no doubt passed through his or her identity crisis and has reached the stage of *identity consolidation*. Briefly describe the process of identity consolidation.
14. There are means by which a parent can encourage his teen's growing independence. Name and briefly discuss four such suggestions.
15. Name five of the most important ways a parent can help build his child's self-esteem.
16. Give five characteristics which research has shown that makes a teen a desirable companion.
17. Loneliness and isolation can be serious issues for a teenager. Name some specific things parents can do to be supportive.
18. There are three important considerations before a parent consents to allow a teenager to work. What are they?
19. As parents, we can teach our teenagers some basic safety strategies to help keep them safe. List four such strategies which can be taught a daughter.
20. What are three things parent of a boy teach him concerning proper sexual attitudes toward

- the opposite sex?
21. What are some purposes for which family routines and rituals serve?
 22. Name four family rituals.
 23. How should parents respond toward their children concerning their separation and/or divorce?
 24. Name three alternative family compositions.
 25. Discuss physical and/or sexual abuse by identifying some of the causes, consequences, and signs. How should a parent respond?
 26. Identify four other issues which can represent dilemmas in a family? Take one of these issues and discuss briefly how one should respond.
 27. What are some ways in which a parent should respond to student-teacher conflicts?
 28. Identify two learning difficulties a teen may have in school and give a brief description of each.
 29. Boundaries should be provided for adolescents. Name seven guidelines for establishing these boundaries.
 30. Identify five ways parents can combat teen drinking and driving.
 31. There are many factors which may explain why some teens are at a greater risk for antisocial and delinquent behavior. Identify five such factors which explain the higher risks of some teens.
 32. Discuss the effect of violence in the media on the behavior of teenagers.
 33. Identify several reasons why a teen may join a gang.
 34. Discuss teenage pregnancy in terms of health risks, academic failure, and poverty.
 35. Identify several signs which could be indicative of an anxiety disorder in a teenager.
 36. What is an obsessive-compulsive disorder? What are some of the causes? What are some ways in which a parent should respond to a child's OCD?
 37. What are the two basic types of depression. Give some identifying characteristics of each.
 38. What are some of the underlying factors of teenage suicide?
 39. Identify five signs of depression in an adolescent.
 40. What is meant by a bipolar mood disorder? Identify several signs of a bipolar mood disorder.
 41. Discuss attention-deficit/hyperactivity disorder by identifying some of the signs, causes and consequences, and how a parent should respond.
 42. Identify five signs of a conduct disorder.
 43. Name three major developmental disorders.
 44. What is meant by the term *pervasive developmental disorders*?
 45. Identify and give a brief description of the two most common eating disorders.
 46. Bulimia nervosa is a difficult disorder to treat. What are some treatment options?
 47. Define schizophrenia. When is it most likely to emerge?
 48. What are some symptoms which have been associated with psychotic disorders?
 49. What are the four stages of substance abuse?
 50. Name five warning signs of alcohol and/or drug abuse.